

# Dubuque Community School District

Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values - ACTUAL ANALYSIS

Jan 29, 2012

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Elementary Lunch K-5

All Sites

	Portion Size	Actual Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Wed - 02/01/2012																
Elementary Lunch K-5	Total	0														
Tony's Pepperoni Pizza Wedge	1 each	0	358	28	767	1.60	2.50	308.0	587	117	0.70	18.01	36.21	15.80	5.50	*-1.00
Domino's Pepperoni Pizza Slice	Slice	0	367	32	964	2.49	3.13	246.1	1189	238	5.25	17.20	39.45	16.39	7.58	*-1.00
Deli Turkey Sandwich	1 sand.	0	179	24	795	1.28	2.62	104.5	19	0	3.23	13.68	24.39	2.44	0.69	*0.00
Mayo packet	12 gm.	0	86	7	68	0.00	0.06	2.2	34	10	0.00	0.13	0.32	9.53	1.03	*-1.00
GARDEN SALAD	3/8 CUP	0	14	0	14	1.15	0.55	20.1	4346	435	9.42	0.84	2.81	0.15	0.02	*-0.75
Heinz Ranch Dressing	2 oz	0	253	493	0	0.00	0.00	0.0	400	80	0.00	1.33	2.67	26.67	20.00	2.67
FRENCH DRESSING	2 TBSP	0	146	0	125	0.10	0.06	2.0	105	21	2.20	0.16	2.84	15.37	2.14	*-1.00
Fruit Cocktail	3 oz	0	48	0	5	1.28	0.25	6.0	272	54	1.60	0.41	12.60	0.09	0.01	*-1.00
Scooby Doo Graham Snacks	1 Each	0	120	0	115	1.00	0.72	100.0	0	0	0.00	2.00	20.00	4.00	3.00	*-1.00
Bread Sliced Wheat	Each	0	70	0	140	1.00	0.72	40.0	0	0	0.00	2.00	13.00	0.50	0.00	0.00
Milk Chocolate skim	1/2 Pint	0	130	5	180	0.00	0.00	300.0	500	100	1.20	8.00	24.00	*0.00	*0.00	0.00
Milk White 1%	HALF PINT	0	100	10	125	0.00	0.00	300.0	500	100	2.40	8.00	11.00	2.50	1.50	0.00
Milk Skim	1/2 Pint	0	83	5	103	0.00	0.07	298.9	500	149	0.00	8.26	12.15	0.20	0.14	*-1.00
		0	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	*0.00	*0.00	*0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

Thu - 02/02/2012																
Elementary Lunch K-5	Total	0														
Sub Sandwich	1 each	0	213	46	969	0.14	1.52	100.5	143	41	1.62	15.48	19.42	7.40	3.39	*0.00
Smuckers Small PB&J W.G	2.8 oz	0	330	0	340	4.00	1.08	20.0	0	0	0.00	11.00	34.00	17.00	3.50	0.00
Mozzarella String Cheese	1 EACH	0	90	20	95	0.00	0.00	250.0	270	54	0.00	7.00	0.00	7.00	5.00	*-1.00
Mayo packet	EACH 12g	0	86	7	68	0.00	0.06	2.2	34	10	0.00	0.13	0.32	9.53	1.03	*-1.00
Mustard Packet	.2 oz	0	4	0	71	0.06	0.11	4.8	0	0	0.00	0.27	0.36	0.25	0.01	*-1.00
BAKED BEANS	3/8 CUP	0	132	4	430	4.35	1.62	51.0	166	26	1.97	6.09	27.99	0.97	0.27	*0.00
CARROTS: canned, cooked	3/8 CUP	0	14	0	132	0.82	0.35	13.7	6116	754	1.48	0.35	3.03	0.10	0.02	*-0.38
Orange Wedges	3 Wedges	0	46	0	0	2.36	0.10	39.3	221	21	52.27	0.92	11.54	0.12	0.02	*-1.00
Bread Sliced Wheat	Each	0	70	0	140	1.00	0.72	40.0	0	0	0.00	2.00	13.00	0.50	0.00	0.00
Milk Chocolate skim	1/2 Pint	0	130	5	180	0.00	0.00	300.0	500	100	1.20	8.00	24.00	*0.00	*0.00	0.00
Milk White 1%	HALF PINT	0	100	10	125	0.00	0.00	300.0	500	100	2.40	8.00	11.00	2.50	1.50	0.00
Milk,Skim	1/2 pint	0	83	5	103	0.00	0.07	298.9	500	149	0.00	8.26	12.15	0.20	0.14	*-1.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	*0.00	*0.00	*0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

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# Dubuque Community School District

Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values - ACTUAL ANALYSIS

Jan 29, 2012

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Elementary Lunch K-5  
All Sites

	Portion Size	Actual Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Fri - 02/03/2012																
Elementary Lunch K-5	Total	0														
Hamburger on a Bun	1 Each	0	250	40	640	2.00	3.24	100.0	100	20	0.00	18.00	28.00	8.50	2.50	*0.00
Deli Turkey Sandwich	1 EACH	0	179	24	795	1.28	2.62	104.5	19	0	3.23	13.68	24.39	2.44	0.69	*0.00
Heinz Ketchup	2 tbsp	0	30	0	380	0.00	0.00	0.0	600	120	0.00	0.00	8.00	0.00	0.00	*-1.00
Mustard Packet	.2 oz	0	4	0	71	0.06	0.11	4.8	0	0	0.00	0.27	0.36	0.25	0.01	*-1.00
Pickles, Dill	2 EACH	0	2	0	123	0.15	0.05	5.9	26	5	0.11	0.08	0.36	0.02	0.01	*-2.00
Mayo packet	EACH 12g	0	86	7	68	0.00	0.06	2.2	34	10	0.00	0.13	0.32	9.53	1.03	*-1.00
Fresh Broccoli, Caul.,	3/8 Cup	0	12	0	13	0.94	0.23	14.1	127	32	28.05	0.97	2.37	0.13	0.02	*-0.38
Pineapple Chunks:canned,lt syr	3/8 cup	0	49	0	1	0.76	0.37	13.2	36	1	7.09	0.34	12.71	0.11	0.01	*-0.75
Monster Cookie	1 cookie	0	179	5	120	0.82	0.81	10.0	199	45	0.43	1.68	21.50	10.22	2.48	*-1.00
Bread Sliced Wheat	1 Each	0	70	0	140	1.00	0.72	40.0	0	0	0.00	2.00	13.00	0.50	0.00	0.00
Milk Chocolate skim	1/2 Pint	0	130	5	180	0.00	0.00	300.0	500	100	1.20	8.00	24.00	*0.00	*0.00	0.00
Milk White 1%	HALF PINT	0	100	10	125	0.00	0.00	300.0	500	100	2.40	8.00	11.00	2.50	1.50	0.00
Milk,Skim	1/2 pint	0	83	5	103	0.00	0.07	298.9	500	149	0.00	8.26	12.15	0.20	0.14	*-1.00
		0	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	*0.00	*0.00	*0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

Mon - 02/06/2012																
Elementary Lunch K-5	Total	0														
Pork Tenderloin on a Bun	1 sandwich	0	350	30	562	1.50	2.88	120.0	0	0	0.00	15.20	40.00	13.50	4.50	*-1.00
Deli Turkey Sandwich	1 EACH	0	179	24	795	1.28	2.62	104.5	19	0	3.23	13.68	24.39	2.44	0.69	*0.00
Pickles, Dill	2 EACH	0	2	0	123	0.15	0.05	5.9	26	5	0.11	0.08	0.36	0.02	0.01	*-2.00
Mayo packet	EACH 12g	0	86	7	68	0.00	0.06	2.2	34	10	0.00	0.13	0.32	9.53	1.03	*-1.00
Peas & Carrots: frozen,boiled	3/8 cup	0	29	0	41	1.86	0.56	13.8	5708	466	4.86	1.85	6.07	0.25	0.05	*-0.75
Pears: canned,light syrup	3/8 Cup	0	53	0	5	1.49	0.26	4.7	0	0	0.65	0.18	14.16	0.03	0.00	*-0.75
Baked Cheetos	1 Each	0	180	0	330	1.00	0.36	0.0	0	0	0.00	2.00	17.00	12.00	3.00	*-1.00
Bread Sliced Wheat	Each	0	70	0	140	1.00	0.72	40.0	0	0	0.00	2.00	13.00	0.50	0.00	0.00
Milk Chocolate skim	1/2 Pint	0	130	5	180	0.00	0.00	300.0	500	100	1.20	8.00	24.00	*0.00	*0.00	0.00
Milk White 1%	HALF PINT	0	100	10	125	0.00	0.00	300.0	500	100	2.40	8.00	11.00	2.50	1.50	0.00
Milk,Skim	1/2 pint	0	83	5	103	0.00	0.07	298.9	500	149	0.00	8.26	12.15	0.20	0.14	*-1.00
		0	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	*0.00	*0.00	*0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

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Jan 29, 2012

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Elementary Lunch K-5

All Sites

	Portion Size	Actual Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Tue - 02/07/2012																
Elementary Lunch K-5	Total	0														
Chicken Patty WG on a Bun	1 Each	0	354	20	718	4.05	3.63	140.6	0	0	0.00	17.20	37.23	14.70	2.53	*0.00
Mayo packet	EACH 12g	0	86	7	68	0.00	0.06	2.2	34	10	0.00	0.13	0.32	9.53	1.03	*-1.00
Peanut Butter & Jelly	1 SANDW ICH	0	356	0	406	5.58	2.64	59.9	2	0	0.00	14.34	38.32	16.05	3.08	*0.46
Mozzarella String Cheese	1 EACH	0	90	20	95	0.00	0.00	250.0	270	54	0.00	7.00	0.00	7.00	5.00	*-1.00
Green Beans: canned,cooked	3/8 Cup	0	10	0	127	0.96	0.46	13.2	177	35	2.18	0.61	2.28	0.05	0.01	*-0.75
Cinnamon Applesauce Cup	1/2 Cup	0	120	0	15	2.00	0.00	0.0	0	0	0.00	0.00	30.00	0.00	0.00	*-1.00
Teddy Bear Grahams	1 Each	0	132	0	116	0.00	1.09	101.2	0	0	0.00	2.03	20.25	4.05	0.00	*-1.00
Bread Sliced Wheat	1 Each	0	70	0	140	1.00	0.72	40.0	0	0	0.00	2.00	13.00	0.50	0.00	0.00
Milk Chocolate skim	1/2 Pint	0	130	5	180	0.00	0.00	300.0	500	100	1.20	8.00	24.00	*0.00	*0.00	0.00
Milk White 1%	HALF PINT	0	100	10	125	0.00	0.00	300.0	500	100	2.40	8.00	11.00	2.50	1.50	0.00
Milk,Skim	1/2 pint	0	83	5	103	0.00	0.07	298.9	500	149	0.00	8.26	12.15	0.20	0.14	*-1.00
		0	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	*0.00	*0.00	*0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

Wed - 02/08/2012																
Elementary Lunch K-5	Total	0														
Spaghetti Homemade	.75 cup	0	247	59	503	2.24	3.04	45.0	656	117	9.91	19.68	17.72	10.85	4.16	*0.00
Deli Ham Sandwich	1 EACH	0	178	26	908	1.00	2.60	102.0	0	0	0.00	12.00	22.00	3.50	0.90	*0.00
Garlic Bread	1 Each	0	86	0	169	1.00	1.77	78.9	84	19	0.01	5.92	13.41	2.63	0.35	*0.00
Mayo packet	EACH 12g	0	86	7	68	0.00	0.06	2.2	34	10	0.00	0.13	0.32	9.53	1.03	*-1.00
California Vegetables	3/8 Cup	0	14	0	14	0.94	0.00	93.7	338	68	9.90	0.47	2.34	0.25	0.04	0.00
Mandarin Oranges	3/8 Cup	0	27	0	4	0.85	0.19	8.5	930	186	24.03	0.53	6.67	0.03	0.00	*-0.75
Chocolate Chip Cookie	1 cookie	0	160	15	91	0.49	0.77	10.0	114	28	0.01	1.89	21.95	7.47	2.12	*-1.00
Bread Sliced Wheat	Each	0	70	0	140	1.00	0.72	40.0	0	0	0.00	2.00	13.00	0.50	0.00	0.00
Milk Chocolate skim	1/2 Pint	0	130	5	180	0.00	0.00	300.0	500	100	1.20	8.00	24.00	*0.00	*0.00	0.00
Milk White 1%	HALF PINT	0	100	10	125	0.00	0.00	300.0	500	100	2.40	8.00	11.00	2.50	1.50	0.00
Milk,Skim	1/2 pint	0	83	5	103	0.00	0.07	298.9	500	149	0.00	8.26	12.15	0.20	0.14	*-1.00
		0	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	*0.00	*0.00	*0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

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Elementary Lunch K-5  
All Sites

	Portion Size	Actual Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Thu - 02/09/2012																
Elementary Lunch K-5	Total	0														
Chicken Taco	1 Each	0	264	49	741	1.65	1.67	121.5	*121	*15	0.51	20.57	24.44	9.15	2.80	*-1.00
Peanut Butter & Jelly	1 SANDW	0	356	0	406	5.58	2.64	59.9	2	0	0.00	14.34	38.32	16.05	3.08	*0.46
	ICH															
Mozzarella String Cheese	1 EACH	0	90	20	95	0.00	0.00	250.0	270	54	0.00	7.00	0.00	7.00	5.00	*-1.00
Salsa	2 OZ	0	15	0	340	0.91	0.26	15.3	166	34	1.08	0.87	3.55	0.09	0.02	*-2.00
Fresh Baby Carrots & Celery	3/8 Cup	0	21	0	63	1.83	0.45	28.6	6032	643	2.27	0.53	4.62	0.12	0.03	*-0.38
Peaches: canned,light syrup	3/8 Cup	0	51	0	5	1.22	0.34	2.8	333	33	2.26	0.42	13.70	0.03	0.00	*-0.75
Nacho Cheese Doritos	1 pkg.	0	140	0	200	1.00	0.36	40.0	0	0	0.00	2.00	17.00	7.00	1.00	*-1.00
Bread Sliced Wheat	1 Each	0	70	0	140	1.00	0.72	40.0	0	0	0.00	2.00	13.00	0.50	0.00	0.00
Milk Chocolate skim	1/2 Pint	0	130	5	180	0.00	0.00	300.0	500	100	1.20	8.00	24.00	*0.00	*0.00	0.00
Milk White 1%	HALF PINT	0	100	10	125	0.00	0.00	300.0	500	100	2.40	8.00	11.00	2.50	1.50	0.00
Milk,Skim	1/2 pint	0	83	5	103	0.00	0.07	298.9	500	149	0.00	8.26	12.15	0.20	0.14	*-1.00
		0	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	*0	*0	0.00	0.00	0.00	*0.00	*0.00	*0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

Fri - 02/10/2012																
Elementary Lunch K-5	Total	0														
Mini Corn Dogs	6 each	0	320	50	975	2.99	0.00	0.0	0	0	0.00	10.99	29.00	17.99	4.99	*-1.00
Deli Turkey Sandwich	1 EACH	0	179	24	795	1.28	2.62	104.5	19	0	3.23	13.68	24.39	2.44	0.69	*0.00
Mayo packet	EACH 12g	0	86	7	68	0.00	0.06	2.2	34	10	0.00	0.13	0.32	9.53	1.03	*-1.00
Heinz Ketchup	2 tbsp	0	30	0	380	0.00	0.00	0.0	600	120	0.00	0.00	8.00	0.00	0.00	*-1.00
Mustard Packet	.2 oz	0	4	0	71	0.06	0.11	4.8	0	0	0.00	0.27	0.36	0.25	0.01	*-1.00
Corn: frozen, yellow	3/8 Cup	0	14	0	14	0.94	0.00	93.7	338	68	9.90	0.47	2.34	0.25	0.04	0.00
Fresh Grapes	3 oz.	0	32	0	1	0.43	0.14	6.7	48	5	1.92	0.30	8.23	0.17	0.05	*-1.00
Cherry Chip Cake/Reduced Fat	Servings	0	125	6	139	0.86	0.50	47.8	106	22	0.12	2.31	22.86	2.77	1.02	*-1.00
White Frosting	servings	0	46	0	11	0.00	0.01	9.5	25	6	0.05	0.27	10.23	0.56	0.09	*-1.00
Bread Sliced Wheat	1 slice	0	70	0	140	1.00	0.72	40.0	0	0	0.00	2.00	13.00	0.50	0.00	0.00
Milk Chocolate skim	1/2 Pint	0	130	5	180	0.00	0.00	300.0	500	100	1.20	8.00	24.00	*0.00	*0.00	0.00
Milk White 1%	HALF PINT	0	100	10	125	0.00	0.00	300.0	500	100	2.40	8.00	11.00	2.50	1.50	0.00
Milk Skim	1/2 Pint	0	83	5	103	0.00	0.07	298.9	500	149	0.00	8.26	12.15	0.20	0.14	*-1.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	*0.00	*0.00	*0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

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Elementary Lunch K-5

All Sites

	Portion Size	Actual Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
<b>Mon - 02/13/2012</b>																
Elementary Lunch K-5	Total	0														
Sloppy Joe Homemade	Serving	0	300	26	1338	2.67	3.23	134.5	789	158	1.02	15.55	36.30	10.59	3.15	*-1.00
Deli Turkey Sandwich	1 EACH	0	179	24	795	1.28	2.62	104.5	19	0	3.23	13.68	24.39	2.44	0.69	*0.00
Mayo packet	EACH 12g	0	86	7	68	0.00	0.06	2.2	34	10	0.00	0.13	0.32	9.53	1.03	*-1.00
MIXED VEGETABLES:frozen,boiled	3/8 CUP	0	44	0	24	3.00	0.56	17.1	2919	292	2.18	1.95	8.93	0.10	0.02	*-0.38
Mandarin Oranges	3/8 Cup	0	27	0	4	0.85	0.19	8.5	930	186	24.03	0.53	6.67	0.03	0.00	*-0.75
Chips, Corn	1(1oz Bag)	0	160	0	160	2.00	0.00	20.0	0	0	0.00	2.00	16.00	10.00	1.50	*0.00
Bread Sliced Wheat	1 Each	0	70	0	140	1.00	0.72	40.0	0	0	0.00	2.00	13.00	0.50	0.00	0.00
Milk Chocolate skim	1/2 Pint	0	130	5	180	0.00	0.00	300.0	500	100	1.20	8.00	24.00	*0.00	*0.00	0.00
Milk White 1%	HALF PINT	0	100	10	125	0.00	0.00	300.0	500	100	2.40	8.00	11.00	2.50	1.50	0.00
Milk,Skim	1/2 pint	0	83	5	103	0.00	0.07	298.9	500	149	0.00	8.26	12.15	0.20	0.14	*-1.00
		0	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	*0.00	*0.00	*0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

<b>Tue - 02/14/2012</b>																
Elementary Lunch K-5	Total	0														
CHICKEN NOODLE SOUP ELEM	1 CUP	0	190	53	176	0.94	1.38	21.8	70	3	1.02	14.91	22.54	4.54	1.11	*0.00
CRACKERS	4 EACH	0	51	0	134	0.35	0.62	2.5	0	0	0.00	1.14	8.92	1.06	0.24	0.05
Smuckers Small PB&J W.G	2.8 oz	0	330	0	340	4.00	1.08	20.0	0	0	0.00	11.00	34.00	17.00	3.50	0.00
Deli Ham Sandwich	1 EACH	0	178	26	908	1.00	2.60	102.0	0	0	0.00	12.00	22.00	3.50	0.90	*0.00
Mayo packet	EACH 12g	0	86	7	68	0.00	0.06	2.2	34	10	0.00	0.13	0.32	9.53	1.03	*-1.00
Peas	3/8 cup	0	47	0	43	3.30	0.91	14.4	1260	40	5.94	3.09	8.56	0.16	0.03	*-1.00
Cherry Applesauce	3/8 cup	0	77	0	22	1.50	0.00	0.0	0	0	0.00	0.14	19.63	0.00	0.00	*-0.75
Sugar Cookie	1 each	0	154	9	131	0.34	0.63	4.7	190	44	0.01	1.62	16.56	9.20	1.42	*-1.00
Bread Sliced Wheat	Each	0	70	0	140	1.00	0.72	40.0	0	0	0.00	2.00	13.00	0.50	0.00	0.00
Milk Chocolate 1%	8 oz.	0	160	10	220	0.00	0.00	300.0	500	100	2.40	8.00	26.00	2.50	1.50	0.00
Milk White 1%	HALF PINT	0	100	10	125	0.00	0.00	300.0	500	100	2.40	8.00	11.00	2.50	1.50	0.00
Milk,Skim	1/2 pint	0	83	5	103	0.00	0.07	298.9	500	149	0.00	8.26	12.15	0.20	0.14	*-1.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	*0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

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# Dubuque Community School District

Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values - ACTUAL ANALYSIS

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Elementary Lunch K-5  
All Sites

	Portion Size	Actual Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Wed - 02/15/2012																
Elementary Lunch K-5	Total	0														
Tonys Personal Pan Cheese	1 each	0	378	22	879	1.16	2.13	397.9	664	133	0.55	17.14	29.88	21.27	7.08	*-1.00
Dominos Cheese Pizza	Slice	0	315	24	662	2.47	2.44	189.7	1368	274	5.66	13.68	42.64	10.57	4.84	*-1.00
Deli Ham Sandwich	1 EACH	0	178	26	908	1.00	2.60	102.0	0	0	0.00	12.00	22.00	3.50	0.90	*0.00
Mayo packet	EACH 12g	0	86	7	68	0.00	0.06	2.2	34	10	0.00	0.13	0.32	9.53	1.03	*-1.00
Garden Salad	3/8 cup	0	7	0	7	0.61	0.20	9.5	1788	177	5.84	0.36	1.59	0.07	0.01	*0.00
FRENCH DRESSING	2 TBSP	0	146	0	125	0.10	0.06	2.0	105	21	2.20	0.16	2.84	15.37	2.14	*-1.00
Heinz Ranch Dressing	2 oz	0	253	493	0	0.00	0.00	0.0	400	80	0.00	1.33	2.67	26.67	20.00	2.67
Peaches: canned,light syrup	3/8 Cup	0	51	0	5	1.22	0.34	2.8	333	33	2.26	0.42	13.70	0.03	0.00	*-0.75
Teddy Bear Grahams	1 Each	0	132	0	116	0.00	1.09	101.2	0	0	0.00	2.03	20.25	4.05	0.00	*-1.00
Bread Sliced Wheat	Each	0	70	0	140	1.00	0.72	40.0	0	0	0.00	2.00	13.00	0.50	0.00	0.00
Milk Chocolate skim	1/2 Pint	0	130	5	180	0.00	0.00	300.0	500	100	1.20	8.00	24.00	*0.00	*0.00	0.00
Milk White 1%	HALF PINT	0	100	10	125	0.00	0.00	300.0	500	100	2.40	8.00	11.00	2.50	1.50	0.00
Milk,Skim	1/2 pint	0	83	5	103	0.00	0.07	298.9	500	149	0.00	8.26	12.15	0.20	0.14	*-1.00
		0	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	*0.00	*0.00	*0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

Thu - 02/16/2012																
Elementary Lunch K-5	Total	0														
Chicken Nuggets	5 pieces	0	180	20	450	2.00	1.80	40.0	0	0	0.00	13.00	14.00	8.00	1.50	0.00
Peanut Butter & Jelly	1 SANDW ICH	0	356	0	406	5.58	2.64	59.9	2	0	0.00	14.34	38.32	16.05	3.08	*0.46
Mozzarella String Cheese	1 EACH	0	90	20	95	0.00	0.00	250.0	270	54	0.00	7.00	0.00	7.00	5.00	*-1.00
BBQ Sauce	2 Tbsp	0	50	0	430	0.00	0.00	0.0	0	0	0.00	0.00	14.00	0.00	0.00	*-1.00
Heinz Ketchup	2 tbsp	0	30	0	380	0.00	0.00	0.0	600	120	0.00	0.00	8.00	0.00	0.00	*-1.00
Mashed Potatoes Prepared	3/8 Cup	0	100	0	38	1.91	0.52	16.9	0	0	47.08	2.52	21.02	0.60	0.17	*-0.38
Chicken Gravy	1 oz.	0	17	0	126	0.11	0.19	1.5	0	0	0.28	0.55	3.27	0.15	0.04	*-1.00
Green Beans: canned,cooked	3/8 Cup	0	10	0	127	0.96	0.46	13.2	177	35	2.18	0.61	2.28	0.05	0.01	*-0.75
Fresh Apples & Oranges	3/8 CUP	0	46	0	1	2.21	0.10	17.8	111	10	21.72	0.48	11.95	0.14	0.02	*-0.75
Wheat Rolls, Scratch	1.5 oz	0	145	2	187	1.09	1.00	26.2	3	1	0.13	3.62	20.67	5.25	1.18	*0.00
Milk Chocolate skim	1/2 Pint	0	130	5	180	0.00	0.00	300.0	500	100	1.20	8.00	24.00	*0.00	*0.00	0.00
Milk White 1%	HALF PINT	0	100	10	125	0.00	0.00	300.0	500	100	2.40	8.00	11.00	2.50	1.50	0.00
Milk,Skim	1/2 pint	0	83	5	103	0.00	0.07	298.9	500	149	0.00	8.26	12.15	0.20	0.14	*-1.00
		0	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	*0.00	*0.00	*0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

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# Dubuque Community School District

Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values - ACTUAL ANALYSIS

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Elementary Lunch K-5

All Sites

	Portion Size	Actual Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Fri - 02/17/2012																
Elementary Lunch K-5	Total	0														
CHEESEBURGER ON A BUN	1 EACH	0	293	53	801	2.00	3.63	198.2	234	61	0.00	21.14	24.23	12.93	5.79	*0.00
Deli Turkey Sandwich	1 EACH	0	179	24	795	1.28	2.62	104.5	19	0	3.23	13.68	24.39	2.44	0.69	*0.00
Mayo	1 oz servin	0	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	*-1.00
Heinz Ketchup	2 tbsp	0	30	0	380	0.00	0.00	0.0	600	120	0.00	0.00	8.00	0.00	0.00	*-1.00
Pickles, Dill	2 EACH	0	2	0	123	0.15	0.05	5.9	26	5	0.11	0.08	0.36	0.02	0.01	*-2.00
Fresh Baby Carrots	3/8 CUP	0	22	0	50	1.85	0.57	20.4	8796	957	1.66	0.41	5.26	0.08	0.01	*-0.75
Heinz Ranch Dressing	2 oz	0	253	493	0	0.00	0.00	0.0	400	80	0.00	1.33	2.67	26.67	20.00	2.67
Fruit Cocktail:canned,lt syrup	3/8 cup	0	52	0	5	0.91	0.26	5.4	186	19	1.72	0.36	13.55	0.06	0.01	*-0.75
Cheez-it	.75oz Bag	0	100	5	170	1.00	0.72	0.0	0	0	0.00	2.00	14.00	3.50	1.00	*0.00
Bread Sliced Wheat	Each	0	70	0	140	1.00	0.72	40.0	0	0	0.00	2.00	13.00	0.50	0.00	0.00
Milk Chocolate skim	1/2 Pint	0	130	5	180	0.00	0.00	300.0	500	100	1.20	8.00	24.00	*0.00	*0.00	0.00
Milk White 1%	1/2 Pint	0	95	11	100	0.00	0.07	283.5	445	134	0.00	7.64	11.32	2.20	1.44	*-1.00
Milk Skim	1/2 Pint	0	83	5	103	0.00	0.07	298.9	500	149	0.00	8.26	12.15	0.20	0.14	*-1.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	*0.00	*0.00	*0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

Mon - 02/20/2012																
Elementary Lunch K-5	Total	0														
No School Today	1 each	0	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

Tue - 02/21/2012																
Elementary Lunch K-5	Total	0														
Grilled Chicken on a Bun	1 Each	0	286	50	629	2.10	1.63	102.3	11	2	1.75	18.36	23.10	13.05	3.81	0.00
Peanut Butter & Jelly	1 SANDW	0	356	0	406	5.58	2.64	59.9	2	0	0.00	14.34	38.32	16.05	3.08	*0.46
	ICH															
Mozzarella String Cheese	1 EACH	0	90	20	95	0.00	0.00	250.0	270	54	0.00	7.00	0.00	7.00	5.00	*-1.00
Fresh Baby Carrots	3/8 CUP	0	22	0	50	1.85	0.57	20.4	8796	957	1.66	0.41	5.26	0.08	0.01	*-0.75
Pineapple Chunks:canned,lt syr	3/8 cup	0	49	0	1	0.76	0.37	13.2	36	1	7.09	0.34	12.71	0.11	0.01	*-0.75
Chips Cheddar SunChip	1(1oz Bag)	0	140	0	200	2.00	0.36	0.0	0	0	0.00	2.00	19.00	6.00	1.00	*0.00
Bread Sliced Wheat	1 Each	0	70	0	140	1.00	0.72	40.0	0	0	0.00	2.00	13.00	0.50	0.00	0.00
Milk Chocolate skim	1/2 Pint	0	130	5	180	0.00	0.00	300.0	500	100	1.20	8.00	24.00	*0.00	*0.00	0.00
Milk White 1%	HALF PINT	0	100	10	125	0.00	0.00	300.0	500	100	2.40	8.00	11.00	2.50	1.50	0.00
Milk,Skim	1/2 pint	0	83	5	103	0.00	0.07	298.9	500	149	0.00	8.26	12.15	0.20	0.14	*-1.00
		0	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	*0.00	*0.00	*0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

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# Dubuque Community School District

Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values - ACTUAL ANALYSIS

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Elementary Lunch K-5  
All Sites

	Portion Size	Actual Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Wed - 02/22/2012																
Elementary Lunch K-5	Total	0														
CrusTony's Breadsticks, Elem	2 each	0	660	90	1180	2.00	4.20	700.0	600	400	0.00	38.00	64.00	30.00	14.00	0.00
Deli Ham Sandwich	1 EACH	0	178	26	908	1.00	2.60	102.0	0	0	0.00	12.00	22.00	3.50	0.90	*0.00
Marinara Sauce	Each 2 OZ CUP	0	40	0	458	0.00	0.18	29.8	497	99	5.97	0.00	5.97	1.49	0.00	0.00
Mayo packet	EACH 12g	0	86	7	68	0.00	0.06	2.2	34	10	0.00	0.13	0.32	9.53	1.03	*-1.00
Mayo	1 oz servin	0	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	*-1.00
Fresh Broccoli, Caul.,	3/8 Cup	0	12	0	13	0.94	0.23	14.1	127	32	28.05	0.97	2.37	0.13	0.02	*-0.38
Heinz Ranch Dressing	2 oz	0	253	493	0	0.00	0.00	0.0	400	80	0.00	1.33	2.67	26.67	20.00	2.67
Fruit Cocktail	3 oz	0	48	0	5	1.28	0.25	6.0	272	54	1.60	0.41	12.60	0.09	0.01	*-1.00
Animal Crackers	1 Each	0	120	0	80	1.00	0.72	0.0	0	0	0.00	2.00	23.00	1.50	0.50	*-1.00
Bread Sliced Wheat	Each	0	70	0	140	1.00	0.72	40.0	0	0	0.00	2.00	13.00	0.50	0.00	0.00
Milk Chocolate skim	1/2 Pint	0	130	5	180	0.00	0.00	300.0	500	100	1.20	8.00	24.00	*0.00	*0.00	0.00
Milk White 1%	HALF PINT	0	100	10	125	0.00	0.00	300.0	500	100	2.40	8.00	11.00	2.50	1.50	0.00
Milk,Skim	1/2 pint	0	83	5	103	0.00	0.07	298.9	500	149	0.00	8.26	12.15	0.20	0.14	*-1.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	*0.00	*0.00	*0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

Thu - 02/23/2012																
Elementary Lunch K-5	Total	0														
Hot Dog on a Bun	1 EACH	0	249	50	807	1.00	8.96	89.9	0	0	0.00	9.97	24.99	11.94	2.98	*0.00
Peanut Butter & Jelly	1 SANDW ICH	0	356	0	406	5.58	2.64	59.9	2	0	0.00	14.34	38.32	16.05	3.08	*0.46
Mozzarella String Cheese	1 EACH	0	90	20	95	0.00	0.00	250.0	270	54	0.00	7.00	0.00	7.00	5.00	*-1.00
Ketchup	Ounce	0	25	0	317	0.00	0.00	0.0	500	100	0.00	0.00	6.67	0.00	0.00	*-1.00
Mustard Packet	.2 oz	0	4	0	71	0.06	0.11	4.8	0	0	0.00	0.27	0.36	0.25	0.01	*-1.00
Corn: frozen, yellow	3/8 Cup	0	14	0	14	0.94	0.00	93.7	338	68	9.90	0.47	2.34	0.25	0.04	0.00
Peaches: canned,light syrup	3/8 Cup	0	51	0	5	1.22	0.34	2.8	333	33	2.26	0.42	13.70	0.03	0.00	*-0.75
Choc Cherry Cookie	1 cookie	0	153	8	164	1.00	0.87	11.7	212	49	0.01	1.75	23.76	6.24	1.47	*0.00
Bread Sliced Wheat	1 Each	0	70	0	140	1.00	0.72	40.0	0	0	0.00	2.00	13.00	0.50	0.00	0.00
Milk Chocolate skim	1/2 Pint	0	130	5	180	0.00	0.00	300.0	500	100	1.20	8.00	24.00	*0.00	*0.00	0.00
Milk White 1%	HALF PINT	0	100	10	125	0.00	0.00	300.0	500	100	2.40	8.00	11.00	2.50	1.50	0.00
Milk,Skim	1/2 pint	0	83	5	103	0.00	0.07	298.9	500	149	0.00	8.26	12.15	0.20	0.14	*-1.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	*0.00	*0.00	*0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

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# Dubuque Community School District

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Elementary Lunch K-5  
All Sites

	Portion Size	Actual Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calc	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Fri - 02/24/2012																
Elementary Lunch K-5	Total	0														
Mac and Cheese DCSD	Servings	0	349	43	753	2.54	1.61	426.1	669	134	0.39	19.95	32.39	15.51	9.40	*0.00
Deli Turkey Sandwich	1 EACH	0	179	24	795	1.28	2.62	104.5	19	0	3.23	13.68	24.39	2.44	0.69	*0.00
Mayo packet	EACH 12g	0	86	7	68	0.00	0.06	2.2	34	10	0.00	0.13	0.32	9.53	1.03	*-1.00
Peas & Carrots: frozen,boiled	3/8 cup	0	29	0	41	1.86	0.56	13.8	5708	466	4.86	1.85	6.07	0.25	0.05	*-0.75
Pears: canned,light syrup	3/8 Cup	0	53	0	5	1.49	0.26	4.7	0	0	0.65	0.18	14.16	0.03	0.00	*-0.75
Pretzels,Rold Gold,Fat Free	28.3 gm	0	113	0	593	0.67	0.96	0.0	0	0	0.00	2.00	22.64	1.00	0.00	*0.00
Bread Sliced Wheat	Each	0	70	0	140	1.00	0.72	40.0	0	0	0.00	2.00	13.00	0.50	0.00	0.00
Milk Chocolate skim	1/2 Pint	0	130	5	180	0.00	0.00	300.0	500	100	1.20	8.00	24.00	*0.00	*0.00	0.00
Milk White 1%	HALF PINT	0	100	10	125	0.00	0.00	300.0	500	100	2.40	8.00	11.00	2.50	1.50	0.00
Milk,Skim	1/2 pint	0	83	5	103	0.00	0.07	298.9	500	149	0.00	8.26	12.15	0.20	0.14	*-1.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	*0.00	*0.00	*0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

Mon - 02/27/2012																
Elementary Lunch K-5	Total	0														
BBQ Pork on a Bun	1 Cup	0	584	116	661	1.43	3.73	118.8	288	59	5.41	31.73	35.31	34.57	11.95	*0.00
Deli Turkey Sandwich	1 EACH	0	179	24	795	1.28	2.62	104.5	19	0	3.23	13.68	24.39	2.44	0.69	*0.00
Mayo packet	EACH 12g	0	86	7	68	0.00	0.06	2.2	34	10	0.00	0.13	0.32	9.53	1.03	*-1.00
California Vegetables	3/8 Cup	0	14	0	14	0.94	0.00	93.7	338	68	9.90	0.47	2.34	0.25	0.04	0.00
Baked Cinnamon Apples	3/8 Cup	0	118	0	4	3.13	0.32	15.2	56	11	0.26	0.40	30.48	0.51	0.08	*0.00
Teddy Bear Grahams	1 pkg.	0	90	0	100	0.00	0.72	80.0	0	0	0.00	1.00	16.00	3.00	0.50	*-1.00
Bread Sliced Wheat	1 Each	0	70	0	140	1.00	0.72	40.0	0	0	0.00	2.00	13.00	0.50	0.00	0.00
Milk Chocolate skim	1/2 Pint	0	130	5	180	0.00	0.00	300.0	500	100	1.20	8.00	24.00	*0.00	*0.00	0.00
Milk White 1%	HALF PINT	0	100	10	125	0.00	0.00	300.0	500	100	2.40	8.00	11.00	2.50	1.50	0.00
Milk,Skim	1/2 pint	0	83	5	103	0.00	0.07	298.9	500	149	0.00	8.26	12.15	0.20	0.14	*-1.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	*0.00	*0.00	*0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%

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# Dubuque Community School District

Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values - ACTUAL ANALYSIS

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All Sites

	Portion Size	Actual Qty	Cals	mg Cholst	mg Sodm	g Fiber	mg Iron	mg Calcm	IU Vit-A	RE Vit-A	mg Vit-C	g Protn	g Carb	g T-Fat	g S-Fat	g Tr-Fat
Tue - 02/28/2012																
Elementary Lunch K-5	Total	0														
Chicken and Gravy	3/4 Cup	0	199	51	152	0.26	1.13	129.2	188	41	8.83	21.16	9.98	7.67	1.76	*-1.00
Peanut Butter & Jelly	1 SANDW ICH	0	356	0	406	5.58	2.64	59.9	2	0	0.00	14.34	38.32	16.05	3.08	*0.46
Mozzarella String Cheese	1 EACH	0	90	20	95	0.00	0.00	250.0	270	54	0.00	7.00	0.00	7.00	5.00	*-1.00
Mashed Potatoes Prepared	3/8 Cup	0	100	0	38	1.91	0.52	16.9	0	0	47.08	2.52	21.02	0.60	0.17	*-0.38
Peas	3/8 cup	0	47	0	43	3.30	0.91	14.4	1260	40	5.94	3.09	8.56	0.16	0.03	*-1.00
Orange Wedges	3 Wedges	0	46	0	0	2.36	0.10	39.3	221	21	52.27	0.92	11.54	0.12	0.02	*-1.00
Wheat Rolls, Scratch	1.5 oz	0	145	2	187	1.09	1.00	26.2	3	1	0.13	3.62	20.67	5.25	1.18	*0.00
Milk Chocolate skim	1/2 Pint	0	130	5	180	0.00	0.00	300.0	500	100	1.20	8.00	24.00	*0.00	*0.00	0.00
Milk White 1%	HALF PINT	0	100	10	125	0.00	0.00	300.0	500	100	2.40	8.00	11.00	2.50	1.50	0.00
Milk,Skim	1/2 pint	0	83	5	103	0.00	0.07	298.9	500	149	0.00	8.26	12.15	0.20	0.14	*-1.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	*0.00	*0.00	*0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%

Wed - 02/29/2012																
Elementary Lunch K-5	Total	0														
TACO,BEEF elem	1 EACH	0	353	59	752	2.73	3.81	44.8	645	123	8.51	21.88	33.70	14.11	4.97	*-1.00
Salsa	2 OZ	0	15	0	340	0.91	0.26	15.3	166	34	1.08	0.87	3.55	0.09	0.02	*-2.00
Deli Turkey Sandwich	1 EACH	0	179	24	795	1.28	2.62	104.5	19	0	3.23	13.68	24.39	2.44	0.69	*0.00
Mayo packet	EACH 12g	0	86	7	68	0.00	0.06	2.2	34	10	0.00	0.13	0.32	9.53	1.03	*-1.00
Garden Salad	3/8 Cup	0	7	0	7	0.61	0.20	9.5	1788	177	5.84	0.36	1.59	0.07	0.01	*0.00
Heinz Ranch Dressing	2 oz	0	253	493	0	0.00	0.00	0.0	400	80	0.00	1.33	2.67	26.67	20.00	2.67
FRENCH DRESSING	2 TBSP	0	146	0	125	0.10	0.06	2.0	105	21	2.20	0.16	2.84	15.37	2.14	*-1.00
STRAWBERRIES: frozen	3/8 CUP	0	92	0	3	1.82	0.56	10.5	23	2	39.59	0.51	24.79	0.12	0.01	*-0.38
Scooby Doo Graham Snacks	1 Each	0	120	0	115	1.00	0.72	100.0	0	0	0.00	2.00	20.00	4.00	3.00	*-1.00
Bread Sliced Wheat	Each	0	70	0	140	1.00	0.72	40.0	0	0	0.00	2.00	13.00	0.50	0.00	0.00
Milk Chocolate skim	1/2 Pint	0	130	5	180	0.00	0.00	300.0	500	100	1.20	8.00	24.00	*0.00	*0.00	0.00
Milk White 1%	HALF PINT	0	100	10	125	0.00	0.00	300.0	500	100	2.40	8.00	11.00	2.50	1.50	0.00
Milk Skim	1/2 Pint	0	83	5	103	0.00	0.07	298.9	500	149	0.00	8.26	12.15	0.20	0.14	*-1.00
		0	0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	*0.00	*0.00	*0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%

Weighted Average			0	0	0	0.00	0.00	0.0	*0	*0	0.00	0.00	0.00	*0.00	*0.00	*0.00
												0.0%	0.0%	0.0%	0.0%	0.0%

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Nutrient	Menu AVG	Portion	Actual		mg	mg	g	mg	mg	IU	RE	mg	g	g	g	g
		Size	Qty	Cals	Cholst	Sodm	Fiber	Iron	Calc	Vit-A	Vit-A	Vit-C	Protn	Carb	T-Fat	S-Fat
Calories	0		0													
Cholesterol (mg)	0		0													
Sodium (mg)	0		0													
Fiber (g)	0.00		0.00													
Iron (mg)	0.00		0.00													
Calcium (mg)	0.0		0.00													
Vitamin A (IU)	0		0			Missing										
Vitamin A (RE)	0		0			Missing										
Vitamin C (mg)	0.00		0.00													
Protein (g)	0.00		0.00													
Carbohydrate (g)	0.00		0.00													
Total Fat (g)	0.00		<30.00			Missing										
Saturated Fat (g)	0.00		<10.00			Missing										
Trans Fat (g)	0.00															

Note: \* - asterisk denotes nutrients with either missing or incomplete nutrient data.

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